

## Job Description

### Physiotherapist

<b>Salary:</b>	Grade 7
<b>Contract:</b>	Full time ongoing
<b>Location:</b>	Canterbury Campus
<b>Responsible to:</b>	Sports Physiotherapist
<b>Job family:</b>	Operational

### Job purpose

The Physiotherapist is responsible for delivering and progressing a first class specialist sports and musculoskeletal physiotherapy service to all clients attending the Kent Sport Physiotherapy Clinic.

The role is largely self-managed and requires ability to confidently assess patients and independently plan and deliver individually designed treatment programs to maintain, improve or restore physical functioning, alleviate pain and prevent physical deconditioning in patients. Delivery will include working occasional evenings and weekends where required. The Kent Sports Clinic delivers services to a range of clients of all ages and abilities including students, staff (including Occupational Health referrals), the general public, local community NHS and commercial client referrals, as well as athletes on a developmental pathway.

Alongside delivering physiotherapy services as a practitioner the role will support the Sports Physiotherapist manager with communications to University staff within Kent Sport and other departments to develop physiotherapy provision and to build Continual Professional Development opportunities to maintain a high standard of practice and delivery.

### Key accountabilities

The following are the main duties for the job. Other duties, commensurate with the grading of the job, may also be assigned from time to time.

- Deliver high quality physiotherapy to a wide range of clients to include appropriate assessment, treatment, prehabilitation, rehabilitation and education to individual clients. Provide highly developed dexterity, coordination and manual treatment of patients.
- Assess clients' physical abilities through evaluative and objective measures.
- Utilise the resources and facilities available within Kent Sport to provide optimal treatment for clients.
- Establish treatment goals with the client based on physical diagnoses and using a consultative, collaborative approach with the client, plan, design and implement programmes of physiotherapy. Evaluate and communicate the client's response and outcomes.
- Where relevant and within the rules of confidentiality, maintain professional relationships and dialogue with external healthcare professionals (liaison with client consultants, GPs), the University Medical Centre and Occupational Health regarding client's needs.
- Provide pitch side cover for matches and training, triage sessions, strapping, prehab sessions, individual clinic treatment time, injury surveillance, close liaison with coaching staff and direct links with the sporting multi-disciplinary team. Make assessments of athlete's techniques and skills to incorporate into a rehabilitation programme. Test for fitness post-injury as a component of rehabilitation.
- Take responsibility for the clinic rooms including replenishment of stock, reporting on wear and tear of equipment and ensuring levels of cleanliness and hygiene are maintained in clinic areas.

- Work within the Chartered Society of Physiotherapy's, the Health Care Professions Council's and the University's Codes of Conduct, maintain accurate clinical and statistical records and keep documentation on all aspects of injury management in accordance with the industry standard and legal requirements.
- To work in conjunction with other professional colleagues to ensure the strict adherence to medical/patient confidentiality & appropriate record keeping in line with Clinic policy and procedures and the Chartered Society of Physiotherapy guidelines.
- Undertake practice based research and engage in knowledge exchange within the clinic and stay up to date on latest techniques to support development of best practice standards in physiotherapy.
- Support line manager to identify and respond to key internal and external customer's needs, expectations and level of satisfaction. Contribute to work of Sports Physiotherapist in identifying new clientele for follow up and support work to develop/nurture new business relationships to secure new income streams and proactively contribute suggestions based on experiences and interactions with individual and groups of clients about how the service can be enhanced/developed to support growth.
- To undertake any other duties appropriate to the role, determined by line manager and Kent Sport Senior Management team.

## Key challenges and decisions

The following provide an overview of the most challenging or complex parts of the role and the degree of autonomy that exists.

- Understand the unique setting of the Kent Sports Clinic within the department and the various pathways available for client referrals e.g. exercise referral scheme
- Take an active role as part of a multi-disciplinary team within Kent Sport. Liaise with members to ensure a seamless service for clients and support other practitioners within the clinic.
- Under instruction of line manager and in liaison with Kent Sport Senior Management Team, design and deliver income generating activities which integrate physiotherapy support such as workshops to a range of suitable client groups (such as athletes, coaches, student sports teams) including producing education material both orally and in written form.
- Promote health and wellbeing to a variety of ages and abilities, supporting the key ambitions of the Kent Sport strategy

## Facts & figures

The Kent Sports Clinic has been operational since December 2013 and in this time, the customer base during this time has reached over 4,000 clients and the reputation of the clinic is now known to be one of the best in the area and it forms a key part of the Kent Sport Strategy launched in September 2023

The clinic provides many services including physiotherapy, massage therapy, sports rehabilitation, and exercise referrals.

A further development has seen delivery of cardiac rehabilitation classes at the University of Kent facility and through partnership collaboration with the School of Sport and Exercise Sciences the clinic now facilitates placement opportunities for students. The clinic is building an exceptional reputation through various exercise referral pathways, allowing staff, students, and the local community to access specialist help from highly qualified members of staff, often resulting in an increase in membership income alongside incredibly positive and powerful testimonials and is becoming the first port of call for new and exciting initiatives.

## Internal & external relationships

**Internal:** Kent Sports Clinic colleagues and wider Kent Sport Team, Occupational Health, School of Sport and Exercise Sciences, Parkinsons Centre for Integrated Therapies, staff and students across the University.

**External:** NHS and private healthcare professionals (GPs, Consultants), University Medical Centre, local sports clubs, general public.

## Health, safety & wellbeing considerations

This job involves undertaking duties which include the following health, safety and wellbeing considerations:

- Regular use of Screen Display Equipment
- Repetitive limb movements
- Prolonged physical/manual work/Manual handling (inc. human beings)
- Working in isolation
- Contact with Human fluids (blood, saliva etc)
- Conflict resolution
- There may be a requirement to work evenings and weekends
- Ability to occasionally travel in a timely and efficient manner between campuses

## Person specification

The person specification details the necessary skills, qualifications, experience or other attributes needed to carry out the job. Applications will be measured against the criteria published below.

Selection panels will be looking for clear evidence and examples in an application, or cover letter (where applicable), which back-up any assertions made in relation to each criterion.

### Essential Criteria:

- Degree in Physiotherapy (or professionally field-relevant equivalent) (A)
- Membership of Chartered Society of Physiotherapy (MCSP) (A)
- Membership of Health and Care Professions Council (HCPC) (A)
- Proven significant experience as a practicing chartered Physiotherapist with demonstrable expertise in relevant physiotherapy techniques (A, I, T)
- Clear understanding of current healthcare issues relating to sport and musculoskeletal physiotherapy (A, I, T)
- Excellent diagnostic, problem solving and decision making skills (I)
- High level of literacy and excellent oral and written communication skills, with the ability to communicate specialist medical information and influence a wide range of internal and external stakeholders and customers of various ages and backgrounds both to individuals as well as presenting to groups (I)
- Good organisational skills, with the ability to prioritise and manage competing deadlines within a varied workload (I)
- Team player with ability to support and develop others and communicate well with wider Kent Sport colleagues (I)
- Proficiency in administrative tasks and computer systems including Microsoft Office software (I)
- Flexibility to work outside standard working hours including weekends and evenings to meet demands of the business particularly at sporting events (I)
- Evidence of commitment to continuous improvement both of own skills (self-directed research and learning) and best practice as well in development of service and putting innovative ideas into practice. (I)
- Firm commitment to achieving the University's vision and values, with a passion for a transformative student experience and multidisciplinary, impactful research (I)
- Commitment to deliver and promote equality, diversity and inclusivity in the day to day work of the role (I)

**Desirable Criteria:**

- Association of Chartered Physiotherapists in Sport and Exercise Medicine Accreditation (ACPSEM) Gold, Silver or Bronze (A)
- Post-graduate qualification at Masters Level in sport and exercise medicine/sport physiotherapy/ sport rehabilitation/ musculoskeletal field (A)
- Current Sports Trauma/ Pitch-side qualification from ACPSEM recognised body (A,I)
- Ability to communicate with and motivate clients to adhere to prescribed support programmes (A,I)
- Experience of working in a commercial practice (A,I)

*Assessment stage: A - Application; I - Interview; T - Test/presentation at interview stage*